



COWBELL

MEETS FIRST AND THIRD FRIDAYS NOON AT 4055 INTERNATIONAL PLAZA

Affiliated with OPTIMIST INTERNATIONAL, TEXHOMA DISTRICT,

ZONE 5, CLUB # 38170

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August 21, 2025



Friday, August 1, 2025 – NOON LUNCHEON – Program: *President-elect Steve McCoy reported on his trip to the OI International Convention in St. Louis. Board meeting immediately followed the luncheon.*



SING-ALONG with Tommy, Neil, Fred and Alex



President-Elect Steve McCoy providing information from the OI Convention

Steve did an excellent job reviewing highlights from the International Convention. Topics included grants available, OIF (the financial arm of Optimist International), and insurance just to name a few. The OI website provides all types of training and resources. Check it out:

www.optimist.org

Tuesday, August 12, 2025 – FWISD 1st DAY OF SCHOOL

Friday, August 15, 2025 – NO NOON LUNCHEON

Friday, August 15 – Sunday, August 17, 2025 – TexHoma 4th Quarter Convention in Glenpool, Oklahoma. Four members of the Optimist Club of Fort Worth, Jeff Norman, Stephanie Sullivan, Tommy Janes and Judi Janes, attended the convention. Approximately 40 Optimists attended with multiple clubs from Oklahoma. It was well planned including updates on Optimist programs, liability insurance, youth scholarship programs and networking with other club members. There was OIF fundraising playing BINGO and a Murder Mystery at dinner. 2025-2026 TexHoma District Governor, Governor-Elect, and Lt. Governors were installed by former OI president Ken Garner. Some members visited casinos and found a minor league baseball game. Overall, the convention was successful with members leaving energized to begin a new Optimist year.



FRIDAY NIGHT DINNER at SANTA FE CATTLE COMPANY

TOMMY AND JUDI AT THE "KID'S TABLE"-BIXBY CLUB MEMBERS

AND DISTRICT GOVERNOR CHERYL ERICKSON



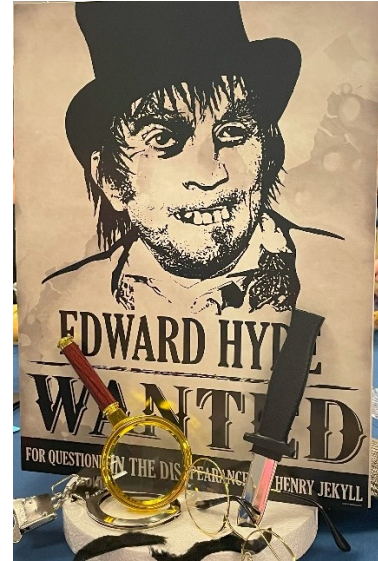
BIXBY OPTIMIST CLUB OFFICERS



Tommy gives OCFW Spotlight



Past NTX, Oklahoma, and TexHoma District Governors



Cast members: Stephanie Sullivan and Patsy Garner

"WHO DONE IT?" RUMOR HAS IT THE BUTLER DID IT!

SEPTEMBER



Monday, September 1, 2025

Friday, September 5, 2025 – NOON LUNCHEON Program: Election of Officers

Friday, September 19, 2025 – NOON LUNCHEON Program: TBD

SAVE THE DATE

Saturday, October 4, 2025 - Installation Banquet at Ridglea Country Club
(Colonial CC is not available due to remodeling. Ed Meinen graciously allowed us to book Ridglea under his name. Thanks Ed.) Details to follow.

PRESIDENT'S ARTICLE

As summer winds down and the school year begins, I can't help but think of the rhythm of the seasons. Summer is a time of growth—a time when seeds planted in spring push upward, blossom, and produce fruit. For our club, this summer has been much the same. We've seen growth in our outreach, our fellowship, and our shared mission of serving youth and our community.

But now we enter a new season. Fall is the time of harvest, when the fruit of those labors is gathered in. It's also the time for planting—putting new seeds into the ground that will produce a future harvest. For the Optimist Club of Fort Worth, this next month is a season of transition. In September, we'll celebrate at our Installation Banquet as new officers and leaders are brought in. This is always an exciting time, because it reminds us that the work continues and fresh vision is being sown for tomorrow.

As I reflect on my time as your president, I'm grateful for the seeds that have been planted by so many faithful members—whether through scholarships, supporting youth sports, or simply showing up with a heart to serve. Those seeds will continue to bear fruit in the lives of young people across our community.

So as we head into this new season together, let's stay committed to planting optimism, encouraging growth, and celebrating the harvest of lives impacted. Because in every season—summer, fall, or beyond—our mission remains the same: to bring out the best in youth, in our communities, and in ourselves.

Optimistically yours,

Jimmy Henderson

President, Optimist Club of Fort Worth

NEWS AND NOTES

- *Welcome new member Faten Awde, sponsored by Jimmy Henderson. Faten was a student at G.C. Clarke when Tommy Janes was principal.*
- *Ron Gamill had a very successful hip replacement surgery in late July. He reports that the results are better than he ever expected.*
- *Don Stegall is back at home. He indicated he would love to have visitors. Call first, please. 817-926-0644 (home) 682-429-3417 (cell)*
- *Anthony Munoz has nine teams signed up for Fall baseball. Details coming.*

- *Planning meetings for the budget and Christmas tree sales have been scheduled.*

OPTIMIST CREED

Promise yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all of your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



Optimist
INTERNATIONAL

Optimist Club of Fort Worth
Texas

CLUB OFFICERS/BOARD OF DIRECTORS

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President	Jimmy Henderson
President-Elect	Steve McCoy
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	Bill Loughry
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