



# COWBELL

MEETS FIRST AND THIRD FRIDAYS NOON AT 4055 INTERNATIONAL PLAZA

Affiliated with OPTIMIST INTERNATIONAL, TEXHOMA DISTRICT,

ZONE 5, CLUB # 38170

VOLUME:LXXXV, #5, 2024-2025

February 10, 2025



*Sunday, February 2, 2025 – Groundhog Day!*

*Friday, February 7, 2025 – NOON LUNCHEON, International Plaza, Program: City Councilwoman Elizabeth Beck*

*Saturday, February 8, 2025 – TCU Girls' Basketball vs Texas Tech, 4 PM, Daniel Meyer Coliseum - Contact Neil Hunt for group tickets*

*Friday, February 14, 2025 – Happy Valentine's Day!*

*Monday, February 17, 2025 – President's Day*

*Friday, February 21 - Saturday, February 22, 2025 – TexHoma District 2<sup>nd</sup> Quarter Meeting, Duncan, Oklahoma Register online at: [texhomaoptimist.org](http://texhomaoptimist.org)*

*Tuesday, February 25, 2025, 10:00 AM – Tommy Janes to be recognized as a teacher, principal and Optimist Club coach and sports director for 59 years at City Council meeting. Optimists and friends are invited to show their support for Tommy.*

*Friday, February 28, 2025 – NOON LUNCHEON, International Plaza, Program: OI Essay Contest Winners to read winning essays. Board Meeting immediately following luncheon.*

# MARCH

**Friday, March 7, 2025 – NOON LUNCHEON**, International Plaza, Program: **TCU Head Football Coach Sonny Dykes** *As Charlie Carminati would say: "This is a blockbuster program! Bring the popcorn!"* *Way to go Jeff aka Program Chair.*

**Sunday, March 9, 2025 – Daylight Savings Time Begins ( spring forward)**

**Friday, March 14, 2025 – NOON LUNCHEON**, International Plaza, Program: **Presentation of TCC Scholarships**, Board meeting immediately following the luncheon

**Monday, March 17, 2025 – ST. PATRICK'S DAY**

**Monday, March 17 – Friday, March 21, 2025 – FWISD SPRING BREAK**

## PRESIDENT'S ARTICLE

*By President Jimmy Henderson*

*Dear Optimist Club Members,*

*As we navigate through exciting changes, I am thrilled to share that we are moving in the right direction! We all know change can be challenging, but it is also necessary for growth. With these changes, we have a tremendous opportunity to enhance our impact on the community and increase our support of the Youth in the Fort Worth area.*

*I encourage each of you to become more active in our club's activities. Your participation in luncheons, volunteer opportunities, and fundraising events is crucial as we strive to make a difference. Together, we can achieve great things.*

*Thank you for your dedication and enthusiasm. The future holds endless possibilities, and I am confident that we will continue to grow and thrive.*

*Yours in Optimism,*

*Jimmy Henderson - President*

## NEWS AND NOTES

### OCFW NOON LUNCHEON, FRIDAY, JANUARY 17, 2025

Program: **Tim Love**, Owner and Executive Chef of several Fort Worth restaurants, including Lonesome Dove, the Woodshed, and White Elephant Saloon.

Tim Love hails from Denton, Texas. He graduated from the University of Tennessee with a degree in marketing. During his college years, he began working as a chef to support himself financially. After gaining experience at Mira Vista Country Club and Riata, Tim decided to open his own establishment—Lonesome Dove. He personally undertook most of the remodeling work for the restaurant.

Tim now owns 19 restaurants, offers worldwide catering services, and is actively involved in music events and charitable organizations. On a personal note, he has three children who have attended or are currently attending the University of Texas. Hook 'Em Horns!



*Club President Jimmy Henderson presented Tim Love with a plaque for his support of the Optimist Club of Fort Worth. Tim bought over 20 Christmas trees from the club's tree lot for his restaurants, benefiting the youth of Fort Worth.*

*Good attendance, several guests and an internationally known chef made for a great luncheon meeting. Guests included President Jimmy's daughter Gianna and her boyfriend Aidan Sims; Randy Scott, guest of his father-in-law Larry Lewis; and Debbie Pulliam, guest of Stephanie Sullivan.*

**OCFW NOON LUNCHEON, FRIDAY, FEBRUARY 7, 2025** Program: Fort Worth City Council Woman **Elizabeth Beck**

*Elizabeth Beck grew up in Southwest Fort Worth, attending J.T. Stevens Elementary School where she was a cheerleader for the JOC football team, and graduating from Southwest HS. After high school graduation she entered the US Army and served for eight and a half years including several combat tours. Bachelors and Masters degrees from UTA were earned in City Planning. She then went on to earn a law degree from Texas A&M. Elizabeth was elected to serve on Fort Worth City Council representing District 9 in 2021 and is currently running for re-election.*

*According to Elizabeth, Fort Worth is the fastest growing city in Texas, now ranked #4. The "new" City Hall is now located in the "old" Pier 1 building. This consolidates city offices from eleven buildings to one! Downtown is changing as well as other parts of the city. The Convention Center is undergoing a major renovation. Bicycle officers have been added to the Magnolia area. MedStar ambulance services are going away. Ambulance services will become part of the Fort Worth Fire Department. The old B.H. Carroll apartments (once part of the Baptist Seminary housing on McCart) are now a Community Land Trust being developed as affordable housing.*

*Several of Elizabeth's relatives and friends (who also happened to be former students of Tommy Janes) were guests at the luncheon. All were present when Elizabeth announced that Tommy is to be honored by the City Council on Tuesday, February 25 at 10 AM for his youth work through education and Optimist sports programs. The guests were Curtis Sanders, Randall Moore, Jimmy Edmondson and Jimmy's son Riley (not one of Tommy's former students). Randall was the proud recipient of Boo Card #13. He had some kind words to say about Tommy.*

*ACE OF SPADES: Only 4 cards remained in the deck with \$736 in the pot. Guest Jimmy Edmondson drew the Ace of Spades and took home \$368. He promised to renew his membership, as well as bring in son Riley and friend Randall Moore as new members.*



*Elizabeth Beck*



*Curtis Sanders – Elizabeth Beck—Randall Moore*



# OPTIMIST CREED

## Promise yourself...

*To be so strong that nothing can disturb your peace of mind.*

*To talk health, happiness and prosperity to every person you meet.*

*To make all of your friends feel that there is something in them.*

*To look at the sunny side of everything and make your optimism come true.*

*To think only of the best, work only for the best and to expect only the best.*

*To be just as enthusiastic about the success of others as you are about your own.*

*To forget the mistakes of the past and press on to the greater achievements of the future.*

*To wear a cheerful countenance at all times and give every living creature you meet a smile.*

*To give so much time to the improvement of yourself that you have no time to criticize others.*

*To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.*



# Optimist INTERNATIONAL

Optimist Club of Fort Worth  
Texas

2024-2025

## CLUB OFFICERS/BOARD OF DIRECTORS

Chairman of the Board	-----
President	Jimmy Henderson
President-Elect	Steve McCoy
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Treasurer	Ron Gamill
Board Secretary	Judi Janes
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	Bill Loughry
Community Service Chair	Tracy Allen
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